

Pilgrim Senior Center Café August Menu 2016

\$3.00 Suggested Donation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Onion Soup w/CROUTONS Sloppy Joe Green Beans Side Salad Sliced Pears Wheat Hamburger Bun <i>(Shrimp Salad on Bun)</i>	2 Lentil Soup Chicken Cordon Bleu w/Gravy Rice Pilaf Broccoli Sherbet White Bread <i>(Bologna & Cheese on White)</i>	3 BRUNCH Fresh Fruit Cup Scrambled Eggs Ham Slice Tomato Slice Breakfast Bar	4 Minestrone Soup Hot Dog Macaroni & Cheese Tossed Salad Fresh Fruit Wheat Bread <i>(Italian Grinder)</i>	5 Red Chowder Florentine Fish Mashed Potatoes Sliced Carrots Lemon Pudding Rye Bread <i>(Ham Salad on Rye)</i>
8 <u>CLOSED</u> <u>Victory Day</u>	9 Venus de Milo Soup Grilled Chicken Caesar Salad w/CROUTONS/ Parmesan/Caesar Dressing Applesauce Garlic Bread <i>(Meatball Sub)</i>	10 Tomato Rice Soup Sweet & Sour Pork Loin Sweet Potatoes Mixed Vegetables Italian Ice Dinner Roll <i>(Sliced Chicken & Cheese on a Roll)</i>	11 Chicken Noodle Soup Pot Roast w/Gravy Mashed Potatoes California Blend Vegetables Diced Peaches Wheat Bread <i>(Seafood Salad on Wheat)</i>	12 Clear Chowder Country Crisp Fish/Tartar Sliced Seasoned Potatoes Broccoli Slaw Fresh Fruit Multi Grain Bread <i>(Corned Beef & Swiss / Multi Grain)</i>
15 Beef Barley Soup Roast Turkey w/Gravy Butternut Squash Peas & Onions Pineapple Chunks Wheat Bread <i>(Roast Beef w/Cheese on Wheat)</i>	16 Potato Leek Soup Pub Burger w/Mushroom Gravy Mashed Potatoes Summer Squash Fresh Fruit Oatmeal Bread <i>(Turkey Salad on Oatmeal)</i>	17 Egg Drop Soup Shrimp Chow Mein w/Crunchy Noodles Oriental Blend Vegetables Mandarin Oranges Hamburger Bun <i>(Salami/Provolone on Bun)</i>	18 <u>Happy Birthday</u> Chicken Soup w/Egg Barley Italian Sausage Seasoned Rigatoni Peppers and Onions Frosted Cupcake Marble Bread <i>(Italian Tuna on Marble)</i>	19 Lemonade Marinated Grilled Chicken Pasta Salad Cole Slaw Watermelon Dinner Roll <i>(Hamburger on a Bun)</i>
22 Kale & Bean Soup Liver and Onions Mashed Potatoes Vegetable Blend Oatmeal Bread Mixed Fruit <i>(Fish Sandwich on Roll)</i>	23 Cream of Broccoli Soup Shepherds Pie Asparagus Cuts Diced Peaches Wheat Dinner Roll <i>(Pulled Pork/Roll)</i>	24 Split Pea Soup Knockwurst w/Mustard Boiled Potatoes Carrots Fresh Fruit Rye Bread (Egg Salad on Rye)	25 Beef Rice Soup Turkey Swiss Wrap w/Sliced Tomato/Shredded Lettuce Lemon Garlic Potato Salad Chocolate Pudding <i>(Tuna Wrap w/Lettuce/Tomato)</i>	26 Juice Honey BBQ Airline Chicken Buttered Corn Tomato & Cucumber Salad Shortbread Cookies Wheat Bread <i>(Hot Dog on a Bun)</i>
29 Shrimp Bisque Southwest Chicken Entrée Salad Fruit Cocktail Rye Bread <i>(Honey Ham & Cheese on Rye)</i>	30 Chicken Soup Meatballs w/Sauce Pasta w/Sauce Italian Blend Vegetables Fresh Fruit Sliced Italian Bread <i>(Turkey & Cheese on Italian)</i>	31 Pasta & Beans Stuffed Pork Chop w/Apple Sauce Brussels Sprouts Coffee Cake Oatmeal Bread <i>(Chicken Salad on Oatmeal)</i>	<u>SALAD OPTION AS ENTRÉE</u> Grilled Chicken Tomatoes—Almond Slivers Strawberries—Spinach Bed Light Raspberry Vinaigrette <i>(begins August 2nd)</i>	<i>Funded in Part by the US Administration on Aging and the Rhode Island Division of Elderly Affairs</i> <i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i>